

Fifty
PLUS

Historic landmark is a daytime home away from home for 531 seniors.

Goward House bustles with activities

A SENIORS' daytime social and cultural activity centre, Goward House on Arbutus Road is home away from home for its 531 members.

The restored 1908 home in a tran-

quil 2.4-hectare setting is a daily beehive of activity as seniors take part in such activities as tai chi, exercising to music, quilting, bridge, pool, darts or mai jong. Membership is \$25 a year.

Owned by the municipality of Saanich, the house is run by a non-profit society that organizes luncheons, lectures, slide shows and other events as a social and cultural outlet for seniors.

Movies are shown once or twice a month for \$1, and monthly luncheons, which include musical entertainment, are held for \$6.

Various seniors' clubs use the facility, says co-ordinator Marilyn Davis. "We also rent the rooms out on weekends for birthdays, weddings, etc. Rooms are available for groups as small as 10 to as many as 110."

Upcoming events include:

A free slide show by Geoffrey Castle about the Goward family and Goward House before its remodeling (1:30 p.m. April 16; artist Ted Harrison discussing his work and life (1:30 p.m. April 22, cost \$6); a garage sale fund-raiser (9:30 a.m. to 12:30 p.m. April 18).

Also, throughout the month of April, there will be an art show entitled Land-



Best Laid Plans ... (acrylic on canvas) is among Anne Carlson's works in her April two-person show. It depicts a composite impression of the unfinished Deer Trails conference centre at Sooke.

scapes and More, featuring the works of Greater Victoria artists Judith Saunders and Ann Carlson.

Goward House is located at 2495 Arbutus Rd. For further information, call 477-4401.